



*Helping older adults and  
adults with disabilities thrive.*

**Call us today to schedule a tour (415) 974-6784 or drop  
by one of our four centers to learn more about our  
program and services.**

## SteppingStone

- Our mission is to help older adults and adults with disabilities maintain their health so they can continue to live in their homes and remain connected to their communities
- SteppingStone is the largest non-profit Adult Day Health Care Provider in San Francisco, California
- SteppingStone is a 4-hour health program and is open Monday-Friday

## Who we Serve

- Older adults and adults (18+) with chronic medical, cognitive, or mental health conditions.
- *Medi-Cal beneficiaries and Veterans have no out-of-pocket expenses.*
- Private pay options are accepted as well.

## Our Staff

Care is provided through teams of clinicians that assess the overall medical needs of each individual we serve. All teams include nurses, social workers, physical therapists, occupational therapists, activities coordinators, and program aides.



## Services

- Social and therapeutic activities
- Health monitoring and medication management
- Nutritional services & hot meals
- Personal care assistance
- Transportation to and from our centers
- Respite for family and caregivers
- Multicultural Centers - **Services provided in:**
  - English
  - Cantonese
  - Mandarin
  - Spanish
  - Vietnamese
  - Tagalog
  - Russian
  - Korean

## Locations

- Golden Gate Day Health, 350 Golden Gate Avenue (415) 359-9210
- Mabini Center Day Health, 55 Mabini Street (415) 882-7301
- Mission Creek Day Health, 930 Fourth Street (415) 974-6784
- Presentation Day Health, 301 Ellis Street (415) 923-0245

*This institution is an equal opportunity provider.*