



Helping older adults and adults with disabilities thrive.

Who is SteppingStone?

- SteppingStone is the largest and oldest Adult Day Health Provider in San Francisco with four Care Centers.
- Goal is keeping participants happy and living safely at home by fostering independence and monitoring health changes.
- Qualified participants fully covered by Medi-Cal and VA insurance. No out of pocket costs whatsoever.

Who qualifies /who does SteppingStone serve?

- Adults 18+ with chronic medical, cognitive, or mental health conditions
- Medi-Cal beneficiaries
- Veterans

Services Provided by SteppingStone

- Care coordination and referrals
- Health assessment/reassessment & Wellness checks
- Behavioral health screenings
- Creation of individualized care plan
- Health training and education
- Communication with primary care physician
- Medication management and monitoring
- Screening for COVID-19 symptoms
- Therapeutic activities including physical and occupational therapies
- Home-delivered care packages
- Psychosocial support
- Caregiver support
- Advocacy with other health care providers and service agencies

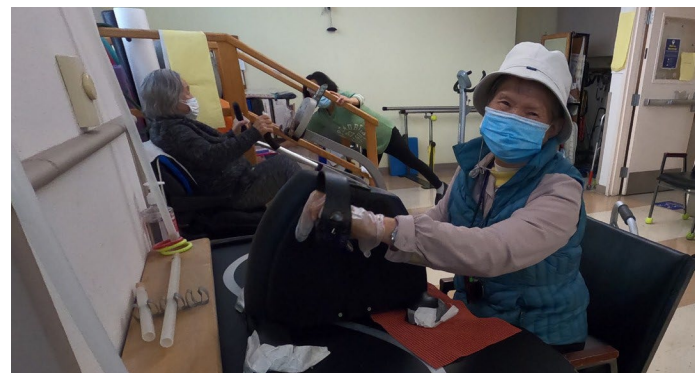




Participants receive care two to five days each week.

Languages supported at Steppingstone by our multilingual staff

- English
- Cantonese
- Mandarin
- Spanish
- Vietnamese
- Tagalog
- Russian
- Korean



Referral Process

Call SteppingStone's main referral number 415-974-6784 or email info@steppingstonehealth.org to learn about services offered and the intake process. More information is also available at our website: steppingstonehealth.org
You can also contact any one of SteppingStone's four care Centers directly.

- Golden Gate Center, 350 Golden Gate Avenue (415) 359-9210
- Mabini Center, 55 Mabini Street (415) 882-7301
- Mission Creek Center, 930 Fourth Street (415) 974-6784



This institution is an equal opportunity provider.

